Mat-Su Monitor

May 2014 VOLUME 37 NUMBER 3

Environmental Science Gets out in the Environment!

By Michaella Leisure

Professor Polly Bass's Environmental Science 211 lab class was able to get hands on experience at the Plant Materials Center in Palmer. The class met March 7th near the Butte to volunteer their minds and strong backs to harvest willow branches. Harvesting willow branches is extremely important for the Plant Materials Center as it is the key to the success of the Streambank Revegetation and Protection program which is a cooperative effort between the Wasilla Soil and Water Conservation District (WSWCD) and the Alaska Department of Fish & Game (ADF&G).

Streambank revegetation is the process of rebuilding the banks of the waterways in Alaska to ensure the habitats will support the local wildlife. When off-road vehicles continuously use one place to cross a stream, it wears the edges or banks of the stream down. This smooth transition may be ideal for ATVS, but it is very dangerous for the fish that live in the stream. There is no place for the fish to hide in the plants along the bank if the plants and the bank are completely demolished. If these small fish cannot survive, they cannot breed, and therefore the fish population in Alaska will decrease. This is why the Plant Materials Center, as well as many other organizations, are building bridges across the streams and have begun the process of rebuilding the banks.

Continued on page 19- Environment

Photo courtesy of Chuck Kaucic, Director, Wasilla Soil and Water Conservation District.

INTERNATIONAL CLUB
Are you interested in International Studies?
Are you an international student?
Join us in starting up the MSC International Club!
If you would like to learn more, please contact Dr. Galina Peck
Email: gpeck@matsu.alaska.edu
Phone: 907-745-9734
Mat-Su College

Join the International Club!

By Elizabeth Mitchell

Are you a student at MSC looking for a club to join? Are you an international student or someone interested in International Studies? Well, then the international club might just be the one for you!

Professor Galina Peck at Mat-Su College is in the process of starting up an international club and is looking forward to hearing from you.

"We envision an international club as a perfect mode of student engagement."

In an interview, Dr. Peck said, "We envision an international club as a perfect mode of student engagement. Our goals are:

1) to establish network-building among international and non-international students.

2) to share experiences students acquire while studying or traveling abroad.

3) to bring students together to showcase the creativity within the community. If students want to broaden their world outlook, they should join the MSC international club."

For more information, please contact Dr. Galina Peck at gpeck@matsu.edu or 907-745-9734.

Mat-Su College student Zachary Seals soars onto the Dream Team

By Nadia E. Myers

Zachary Seals, a Mat-Su College student and employee, made it onto the Cisco Dream Team. Before you ask—yes, it *is* a big deal. You are probably wondering, "What on earth is the Dream Team? What is Cisco?" Zachary answers these questions and more in his interview. Let's find out what his journey entailed.

Nadia: What is the Dream Team and Cisco?

Zach: The Cisco Dream Team is a combination of Cisco's best people. Cisco is one of the foremost computer hardware and software for businesses and networking in the world. They out-rate, like, almost every company, country, and everything. They're also really big on teaching networking and everything. The Dream Team is Cisco's best people, along with the best people who they are teaching.

Nadia: How did you prepare for making it to the dream team?

Zach: Really all I did was tell [Cisco] about what I've gone through in life. I mean, I talked about some of the stuff I've done. I went through the Cisco NetRiders competition to the national level representing Alaska—which was pretty cool. And then, yeah, I just told [Cisco] about who my instructors were, and what I had done in the past, and why I wanted to be on the Dream Team. They had me fill out some paragraphs on why I wanted in. I had to do a little YouTube thing. So, it's like, 'This is why I want to be on the Dream Team...'—a little interview thing. And so, that's what I did, and apparently they liked my reasons.

Nadia: How did it feel to get onto the Dream Team?

Zach: When I first applied for it, Harry [Harry Banks, professor of Computer Systems Technology] came up with it at last minute. He's like, 'I sent emails to a whole bunch of people but nobody replied.'I'm like, 'Oh, I haven't checked my email.'He was like, 'Well, nobody else has replied and it has to be done by tonight. So, do you want to just fill it out real quick?'

So, I filled out the application and wrote a couple paragraphs about myself and you know, then we hadn't heard anything about for so long, so Harry and myself thought that nothing was going to come of it. And then my instructor, Jeremy [Jeremy Creech, adjunct professor of Computer Sytems Technology], who works for Cisco, walked in and was like, 'Oh, I heard you made it to the Dream Team. Congratulations.' And I was just absolutely floored. Immediately, I jumped on my email replying with all the information. I was ecstatic. I couldn't believe it.

Nadia: Why do you like IT work?

Zach: I've always been good at computers—ever since I was young. And I mean, it was just something that I enjoy doing. I spent time in the Navy, so I'm no stranger to doing physical work and other varied jobs. So, I've done everything from painting, to cooking, to cleaning, to doing inventory, to doing IT work, I've done firefighting and everything. So, I mean I've had a good chance to experience a lot of different jobs, but IT work is, you know, what I like doing. So, I want to do it for a career.

Nadia: What are your future plans?

Zach: I want to get a job somewhere in the IT department. Future plan is to work in IT until I can retire and then retire up here and fish.

Nadia: Are you hoping to get a job here in Alaska?

Zach: Hopefully here, or somewhere in the Washington or Oregon area. I like being up here in the Northwest.

Nadia: What do you do in your free time?

Zach: I read a lot—I'm an avid reader. I game a lot and hang out with my friends.

Nadia: Here's a fun question—are you team PC or Mac?

Photo courtesy Samanatha Brumagin.

Zach: I am definitely a PC guy. I don't mind Macs at all, I mean I'd love to—I'd own a Mac if it didn't cost 5x as much as my PC costs. I mean, Macs are built remarkably well, it's just they're so expensive and I'm doing college on grants and what I can make here and there, so… I don't really have the finances for it.

Nadia: Is there anything you would like to add?

Zach: I'm single. [laughs] I mean, there's nothing really interesting about me—I'm just the guy who got lucky.

What do you guys think? I'd say there are plenty of interesting things about Zachary—I mean, what a huge feat to make it onto the Cisco Dream Team! I'd say it was more than "lucky." Zachary Seals is obviously a talented IT guy. Congratulations on making it onto the Cisco Dream Team, Zachary!

Recycling in The Mat-Su: A College Glance

By Jacob Mann

31% of Americans recycle. It is estimated that about 15% to 16% of Alaskans recycle. How those figures change will be determined by those getting educated and who will hold influence in the future.

With that in mind, the Mat-Su Monitor surveyed 42 students and staff about recycling. (While this isn't a sufficient sample, it is small step to understanding the campus's thoughts on recycling). What follows are the results of our survey with observations and practical suggestions for changing behaviors.

To the question "What would encourage you to recycle," the highest result was "conveniently located recycling centers with signage." Convenience is a crucial element to the success of recycling. If people know where the facilities are and they happen to be close enough, they could be inclined to make a trip. "There are still people who don't know we exist," said Mollie Boyer, Executive Director of Valley Community Recycling Solutions (VCRS; 907-745-5544). VCRS has become the main force behind the success of recycling in the Valley over the past 16 years. During an interview, Mollie Boyer was asked about the current situation here in the Valley. "Things are definitely improving. We quit doing outreach 6 or 7 years ago because we could only handle our natural growth. So [with our new facility] we're going to kick back into an aggressive outreach, letting people know we're here."

Mat-Su Assembly member Warren Keogh addressed VRCS's new building, saying, "the diversion of materials from the garbage saves expensive real estate at the landfill. One cell at the landfill fills up every 6-7 years and costs $3 million. The effort here slows down that rate of expansion." In 2013, VCRS shipped 1,231.2 tons of recycled material from their facility.

A number of people in the Mat-Su Valley would be more inclined to recycle if someone could show up at their house and pick up their bin full of recyclables. Such a service exists. Ready Recycles (907-745-4224) will pick up a provided bin every week for just $20 a month. They will sort your items for you then take them to the Valley Recycling Center. The drivers traverse much of the Mat-Su Valley.

The second highest response to the question about what would make people more likely to recycle had to do with financial incentives. It's true that there is barely any financial compensation to recycle in Alaska, especially in the Mat-Su Valley. One option is

Continued on page 19 - Recycling

24 Hours to Change the World

By David Johnson

Most of our planet's problems and all their solutions are found within eight miles of Mat-Su College. Expanding landfills and flooding rivers, farmland for housing and potential large scale resource extraction projects, the list goes on. But I'm not here to point fingers or debate potential causes of climate change and increasing environmental degradation. Because we are all partially responsible, I would much rather talk about some tangible solutions and promote conservation awareness.

Nobody changes the world alone; we all have to do our little part. And it may not take as long if more people would spend four hours of study on each of six topics. If more would spend 24 hours, in a week a month or a year, to learn something new, they'd find easy ways to change their behavior. It will make things better and provide a brighter future for all of us and for generations to come.

These six topics have been the mantra of the Mat-Su Carbon Crew since our inception as a campus environmental conservation club in 2010. Our focus has always been on reduce, reuse, recycle, making new products from recovered and renewable resources, growing more local food, and the transition from fossil fuels to renewable energy. Let me share a few examples and then you can take it from there.

To reduce, anyone can turn off a light switch when leaving a room, unplug chargers or use power strips to save energy. We could all wash a zip-lock bag once in a while, carry a reusable water bottle or reuse the back of a spent sheet of paper. How about taking that empty can or single use plastic water bottle ten feet down the hall to a recycling bin instead of throwing it away in the classroom? Beverage containers are a material resource that can be made into something new and they are valuable in creating jobs. A good example of a remanufactured product is the building insulation made locally from bales of used newspaper purchased at the recycling center a mile from campus. It is also not very difficult at all to put a few seeds in the ground or chunk up a potato and bury it in a pile of dirt. We need to grow more gardens and protect family farms while adding more to provide fresh local food. Locally grown produce reduces shipping and pollution and helps our community become more sustainable.

Finally, transitioning from fossil fuels to renewable energy is not going to be easy and it will take a long time, but we have to get started. Growing some of our own food helps. We can also use some of your own physical energy once in a while by walking somewhere or riding a bike. Occasionally commute with a friend and use ride-sharing or take a bus. I'm sure we could still live comfortably with thermostats turned down two degrees. And why not use our math skills to look into the return on investment when capturing solar and wind energy to offset the cost of heat and lights.

The point is that a lot of little things can make a big difference and we could change the world in 24 hours, if we want to. Together we can be the solution, educate, peaceful green revolution.

YOUR CLUB'S AD COULD BE HERE!

CONTACT THE MAT-SU MONITOR FOR MORE INFORMATION.

Stop by the library and ask for Micah Muer or call him at 745-9728

The Sharpe Summer Movie Guide

By Michelle Sharpe

Do you like movies? Do you like going to see movies in the theaters? Do you have absolutely no idea what is playing or what any of the movies are even about? Fret not my fellow movie enthusiast. I'm here to tell you what movies are coming out, who are in them, what they're about, and when they are coming out. Hopefully, by the end of this guide, you will be the movie expert this summer.

May 2nd

The Amazing Spider-Man 2 (Andrew Garfield, Emma Stone, Jamie Foxx): Rating: PG-13 In this sequel to The Amazing Spider Man, Peter Parker must find a way to balance his life as a normal man and his secret life as the wall-crawling superhero. With new enemies threatening the city, he may need to sacrifice something closer to home than he ever thought possible.

May 9th

Neighbors (Seth Rogen, Zac Efron): Rating: R The lives of new parents are disrupted when a fraternity moves in next door.

May 16th

Godzilla (Aaron Taylor-Johnson, Elizabeth Olsen, Bryan Cranston): The classic monster returns to big screens, and he has never been more terrifying.

Million Dollar Arm (Jon Hamm, Aasif Mandvi): Rating: PG Tells the true story of a baseball agent who searches for talent in an unlikely place: an Asian cricket team.

May 23rd

X-Men: Days of Future Past (Patrick Stewart, Ian McKellen, Hugh Jackman, James McAvoy): Our favorite X-Men unite in order to fight an even bigger threat, Sentinels, which are on a mission to destroy all of humanity.

May 30th

Maleficent (Angelina Jolie, Elle Fanning, Sharlto Copley): Rating: PG A live action version of the classic Disney movie "Sleeping Beauty," only told from Maleficent's point of view.

A Million Ways to Die in the West (Seth MacFarlane, Liam Neeson, Charlize Theron): The coward of the town must find his courage in order to win the heart of the beautiful new woman in town… or die trying. From the creator of Family Guy, American Dad, and Ted.

June 6th

Edge of Tomorrow (Tom Cruise, Emily Blunt, Bill Paxton) Rating: PG-13 A soldier, who keeps being resurrected after dying in battle, must learn the skills necessary to end the war in this futuristic action movie.

Visit the Reindeer Farm!

By Andrea Bennett

Have you ever needed a family friendly place to take your kids for the day? Or are you just a broke college student looking for something fun to do with your friends that won't break your bank? I have a solution for everyone. Take a trip out to the Williams Reindeer Farm! It's conveniently located at the base of Bodenburg Butte. They are open for normal business hours in the summer from May 1st to mid-September, seven days a week from 10-6. On any day during the summer months you can come to the farm and see not only reindeer but other animals as well. They even have guided horseback rides up the Butte for an additional cost.

For the low price of $8 for adults and $6 for kids and seniors you can go on a tour of the farm. This includes two parts, a self-guided portion and a portion with a guide. On the self-guided portion you can walk down and see the field deer, who are still nice reindeer but not very sociable. You can also go out and feed tall grass to the Rocky Mountain elk. Then you meet up at the tour cabin and go out with a tour guide who will give you safety information as well as fun facts about the animals and the farm, which was originally part of the colony farms.

Continued on page 6 **Reindeer**

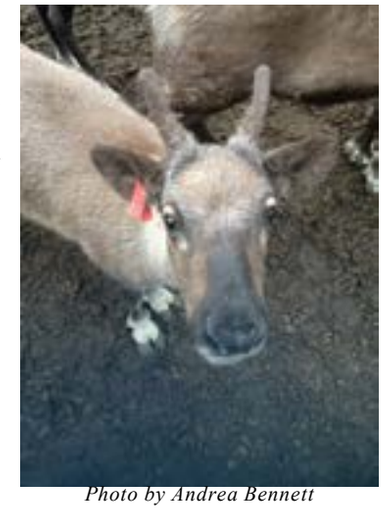

Photo by Andrea Bennett

Stella, one of the residents at the Reindeer Farm.

Ask Sophia

Welcome to Ask Sophia, a new advice column that will appear regularly in the Mat-Su Monitor. If you have a question you'd like to see answered submit it in the Ask Sophia box in the lobby of the FSM building.

Q. Dear Sophia:

I had a relationship with a guy end on a bad note almost two years ago. I hope he and I could be friends again, though, since he and I see each other at the college. What could I do to get my friend back after an awkward end to our romantic relationship? -Sally missing Jack

A. Dear Sally,

They say time heals all wounds. Give him time. Keep your mutual friends as a buffer. As you move on with your lives you may find that you both become more comfortable being around each other.

Q. Dear Sophia:

I am debating on whether of not to seek out a life coach. My friends and family all laugh at me when I bring it up, as if I'm joking around. I feel I need on though. I've never been good at managing my time, money, or life. We aren't born knowing how to live our lives, no manual. I see a life coach as the closest thing to one. Sophia, what is your advice? Yay or Nay? – Life

A. Dear Life,

Life coaches can be expensive at $500/hr. You may be able to be your own life coach. Start by looking at the big picture. What is you're ultimate goal? Relationships, time management, work-life balance, getting a promotion, stress reduction, health, etc… Then set up a list of smaller goals to get you there. Focus on your strengths – and keep your eye on the target. You may not need to radically change the way you invest your time and energy, but then again, you might. Friends and family can offer great support or you may find a mentor at work or where you go for fun. Find someone you admire and talk to them about how they got there. There are numerous self-help books out there that can inspire you to become empowered to live your life to the fullest. Many can be found at your local library. A good life coach won't tell you what to do, but help you figure out what you can do for yourself. Keep on keepin' on.

Q. Dear Sophia:

I have a friend who is pretty unambitious. He graduated high school like 10 years ago, but never went to college of got a job. He's very smart, but is now basically trapped with his parents because he has no money and no work history and nobody will hire a 30 year old who has never worked. He is also sort of anxiety prone. His parents don't do much to encourage or assist him. What can he do to get his life going?

A. Dear Unknown,

There are a few things that he can do to get his life going, but only if he wants to. Keep in mind that a person's life can't change or get better unless that person is willing to make changes happen. If he does want to, then encourage him to make a list of activities he enjoys. After making a list, see if there is a job he could start that includes an activity he enjoys and will be happy with. There are jobs, such as construction work, that will hire people that have never had jobs before and/or have no college degree. Of course, construction work might not be the best for someone who is anxiety prone, but that was just a general example. There are ways to help anxiety, though! Some ways are to practice breathing exercises at least once a day—this will help regulate blood pressure and keep it down. Another way that helps some people with anxiety is planning their entire day, including times for free-time and family-time—this can help with taking the pressure off of what do with his time during the day. These are just a couple of examples; there are many ways to help with anxiety and everyone has different ways that help them. Also, because his parents don't encourage him, remember to encourage him to keep up with things once he starts. You can be good motivator for him!

Mat-Su College Movie Rentals

By Michelle Sharpe

Being a full time student can be very stressful, especially during midterms and finals. Sometimes it's nice to just sit down and relax with a nice movie. But going to the movies and renting from Redbox or Blockbusters can get pretty pricy.

But, why bother when the **Mat-Su College** has a great selection of movies and television series available to its students for free? Actually, not just for students either! Anyone in the community can come to the college and request a library card and rent from the Mat-Su College Library, and it's free!

And Students, if the college doesn't have what you're looking for, request an inner-library loan.You can request to rent what you're looking for from another library in the system. If you need help, just ask one of the friendly librarians.

Have any questions about checking out items from the library? Feel free to stop in and ask, or call 907-745-9740.

Want to know what's good to check out? Check out my recommendations ON PAGE 15

This day in history

by Rachel Goodall

Editor's note: we present you with several months worth of interesting dates to tide you over until our next issue appears this fall!

May 5, 1961
First American astronaut travels into space.

June 7, 1913
First ascent of Mt. McKinley.

July 1,1979
First Sony Walkman goes on sale. This is a cassette player.

August 10, 1793
The Louvre Museum opens in France.

September 23, 1846
Neptune discovered by Johann Gottfried Galle in Germany.

What college is supposed to be like

By Adrianne Bailey

As I circled the parking lot of the college a second time, I sighed. Just like UAA, not enough parking spaces. I started out my college career in Anchorage. That first week I wandered around glassy-eyed and about 120% overwhelmed. Where were my classes? Where are the bathrooms? Is it quicker to walk or drive across campus?

How do I make friends? Fast forward to the parking lot. I parked and strolled into Mat-Su College for the first time. I just needed the library and was able to find that with minimal effort. As I walked through the halls I noticed that something was different. The security guard said hello as I walked past. After having difficulty trying to print something, I tentatively asked someone at the library desk for help. She kindly informed me that I needed to get a new Wolf Card, but that I could go right to Student Services and get a new one. I explained the situation to the lady there and she quickly got me a new card, with my new married name, all the while chatting with me.

HOW DO I MAKE FRIENDS?

After studying until my eyes got fuzzy, I was feeling comfortable enough to approach the library desk once more. I'm new to Mat-Su College but would like to be involved. Did they have any ideas? Just like in the Student Services office, they were more than happy to chat and offer suggestions.

My experience at UAA was not a bad one. I did get involved there and made some very dear friends. It did take a lot of effort. There you keep your head down as you power walk to your next class across campus and quietly slip in the back.

As I walked back to my vehicle that evening, I had a little more spring in my step. I made eye contact and smiled at other students, said good night to the security guard and left. As I was driving out of the parking lot I couldn't help but smile.

This, this is what college is supposed to be like.

Continued from page 4 **Reindeer**

After you get your information your guide will take you in the show pen with the reindeer and you can pet, feed, and love on them. In the beginning of the season you will actually be going into a pen with mothers and this year's babies. You will also get a chance to see Dolly the Bison. She is fun to look at but not someone you want to try to reach out and pet, leave that for the reindeer.

Up until recently there was also a moose on the farm whose name was Denali. Sadly Denali passed away this spring due to a bad reaction to a medication. He is dearly missed on the farm and was known in many states, and even other countries for his wonderful moose kisses and unusual sweet attitude for a moose.

He was more than an attraction to the farm. He was family and had been there since he was an infant. He was bottle fed on the farm and it was the only home he ever knew.

During the Saturdays in October the farm does special events where there is even more going on than normal. There is even a hay maze that becomes haunted after everything else is over. The spooky walk can get pretty creepy but is still kept family friendly.

In December they do shows with Santa Clause and he even comes to the farm for shows and you can bring the kids or kids at heart to get pictures with him. Buddy the Elf is also known to show up for the Santa events and loves to run around and give people hugs.

I hope that everyone gets a chance at some point to make it out to the farm. It is a family-run farm and they know how to make it fun for everyone of all ages. I guarantee you will never experience anything quite like being in a pen and being surrounded by happy little reindeer, trust me I am one of the guides and even after working all day I am happy to go back in the pen to get a few more pets in.

'Denali' Photo by Andrea Bennett

SOLVING PT'S MATH PROBLEMS - BP

Editor's note: After this semester Dr. Ping-Tung Chang will be retiring from Mat-Su College after teaching here for almost 30 years. Friends and students—past and present—are invited to attend a potluck retirement celebration in his honor. The celebration will be held in the Mat-Su College Cafeteria space on Friday, May 9th, from 12:00 PM to 2:00 PM.

NFL mock draft 2014

By Samuel Ouellette and Samuel Anderton

We are pleased to present our sharpest sports analyst's predictions for the upcoming NFL draft. – Editor.

1. Houston Texans (2-14)
Biggest Needs: QB, OLB
Draft Pick: Blake Bortles QB (Central Florida)

2. State Louis Rams - from Wash. Red Skins (3-13)
Biggest Needs: OL, S
Draft Pick: Jadeveon Clowney DE (S.Carolina)

3. Jacksonville Jaguars (4-12)
Biggest Needs: QB, RB
Draft Pick: Sammy Watkins WR (Clemson)

4. Cleveland Browns (4-12)
Biggest Needs: QB, RB
Draft Pick: Derek Carr QB (Fresno State)

5. Oakland Raiders (4-12)
Biggest Needs: QB, OL
Draft Pick: Khalil Mack OLB (Buffalo)

6. Atlanta Falcons (4-12)
Biggest Needs: OL, TE
Draft Pick: Greg Robinson OT (Auburn)

7. Tampa Bay Buccaneers (4-12)
Biggest Needs: OL, CB
Draft Pick: Jake Matthews OT (Texas A&M)

8. Minnesota Vikings (5-10-1)
Biggest Needs: QB, ILB
Draft Pick: Johnny Manziel QB (Texas A&M)

9. Buffalo Bills (6-10)
Biggest Needs: WR, TE
Draft Pick: Eric Ebron TE (North Carolina)

10. Detroit Lions (7-9)
Biggest Needs: CB, WR
Draft Pick: Justin Gilbert CB (Oklahoma State)

11. Tennessee Titans (7-9)
Biggest Needs: QB, WR
Draft Pick: Anthony Barr OLB (UCLA)

12. New York Giants (7-9)
Biggest Needs: OL, DL
Draft Pick: Taylor Lewan OT (Michigan)

13. State Louis Rams (7-9)
Biggest Needs: OL, S
Draft Pick: Ha'Sean "Ha Ha" Clinton-Dix FS (Alabama)

14. Chicago Bears (8-8)
Biggest Needs: DL, WR
Draft Pick: Ra'Shede Hageman DT (Minnesota)

15. Pittsburgh Steelers (8-8)
Biggest Needs: WR, OL
Draft Pick: Mike Evans WR (Texas A&M)

16. Dallas Cowboys (8-8)
Biggest Needs: DL, S
Draft Pick: Demarcus Lawrence DE (Boise State)

17. Baltimore Ravens (8-8)
Biggest Needs: S, OL
Draft Pick: Calvin Pryor FS (Louisville)

18. New York Jets (8-8)
Biggest Needs: WR, CB
Draft Pick: Kelvin Benjamin WR (Florida State)

19. Miami Dolphins (8-8)
Biggest Needs: OL, TE
Draft Pick: Zack Martin OL (Notre Dame)

20. Arizona Cardinals (10-6)
Biggest Needs: DL, OL
Draft Pick: Bradley Roby CB (Ohio State)

21. Green Bay Packers (8-7-1)
Biggest Needs: OLB, Safety
Draft Pick: Ryan Shazier OLB (Ohio State)

22. Philadelphia Eagles (10-6)
Biggest Needs: WR, CB
Draft Pick: Marqise Lee WR (USC)

23. Kansas City Chiefs (11-5)
Biggest Needs: FS, DL
Draft Pick: DaQuan Jones DT (Penn State)

24. Cincinnati Bengals (11-5)
Biggest Needs: S, CB
Draft Pick: Darqueze Dennard CB (Mich. State)

25. San Diego Chargers (9-7)
Biggest Needs: CB, DL
Draft Pick: Louis Nix III NT (Notre Dame)

26. Cleveland Browns - from Indianapolis Colts (11-5)
Biggest Needs: QB, RB
Draft Pick: Carlos Hyde RB (Ohio State)

27. New Orleans Saints (11-5)
Biggest Needs: OL, SS
Draft Pick: Gabe Jackson OG (Mississippi State)

28. Carolina Panthers (12-4)
Biggest Needs: WR, OL
Draft Pick: Davante Adams WR (Fresno State)

29. New England Patriots (12-4)
Biggest Needs: ILB, WR
Draft Pick: C.J. Mosley ILB (Alabama)

30. San Francisco 49ers (12-4)
Biggest Needs: DL, CB
Draft Pick: Timmy Jernigan NT (Florida State)

31. Denver Broncos (13-3)
Biggest Needs: OL, FS
Draft Pick: Xavier Su'a-Filo OG (UCLA)

32. Seattle Seahawks (13-3)
Biggest Needs: DL, WR
Draft Pick: Brandin Cooks WR (Oregon State)

KEY

Offense
QB: quarterback.
RB: running back.
WR: wide receiver.
TE: tight end.
LG/RG: left guard/right guard.
LT/RT: left tackle/right tackle.
OL: offensive line.

Defense
DE: defensive end.
DT: defensive tackles.
MLB/ILB: middle or inside linebacker.
OLB: outside linebacker.
CB: cornerback.
FS/S: full safety/safety.

Ultimate Frisbee League – The Deadliest Catch!

Finally - an outlet for ultimate players in the Valley! This summer a group of individuals is starting the very first Ultimate Frisbee League for the Mat-Su Valley and surrounding areas, sponsored by Lazy Mountain Bible Church.

Save your Monday and Tuesday nights, beginning at 7:00 p.m., for the months of June and July! Players must be at least 16 years of age to join. League nights will include a short instructional period at the beginning to encourage new players, followed by semi-competitive games for the rest of the evenings. Because we are starting from scratch, we hope to brush off the dust, improve basic skills, teach some fun plays and build toward a competitive league. Palmer High fields have been reserved.

Please visit www.matsuultimate.wordpress.com for more information and for league registration. You can also email matsuultimate@gmail.com with any questions you may have. Tell your friends! We can't wait to get started!

Mat-Su College

2014 MAT-SU

CONGRATULATIONS MAT-SU COLLEGE GRADUATES!

(H) = students graduating with honors (Undergraduate Certs & Degrees)

(PTK) = Phi Theta Kappa Honor Society students

(S) = Student Speaker

(L) = Student Leadership Honor

(M) = Military Veterans and Active Duty

OCCUPATIONAL ENDORSEMENT CERTIFICATES

COMPUTER & INFORMATION OFFICE SYSTEMS

Office Foundations
Joanne R. Briceland
Jenna Frances Green
Edward G. Grey Jr.
Andrea Janell Hervey (M)
Tracy Marie Hill
Denise Louise Larsen
Maria Beltran Montgomery
Kimberly Lynn Nettleton
Glikeria Reutov
Sarah Laine Sandstrom

Office Support
Andrea Janell Hervey (M)
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Workshops

Half-day workshops Friday June 6

Painting (Plein Air Oil)—Don Kolstad
Painting (Alcohol Ink)—Francine Dufour Jones

Half-day workshops Saturday June 7

Collagen Cup (Seal Intestine Replica)—June Pardue
Painting (Plein Air Oil)—Don Kolstad
Printmaking (Monotypes with a Pin Press)—Garry Kaulitz
Digital Photography (DSLR Cameras)—Jim Frei
Digital Photography (Camera RAW)—Jim Frei
Painting (Alcohol Ink)—Francine Dufour Jones
Painting (Silk Techniques)—Francine Dufour Jones

Full-day workshops Saturday June 7

Printmaking (Embossing)—Marianne Wieland
Painting (Watercolor)—Vladimir Zhikhartsev
Painting (Pointillism/Color Theory)—Felicia Desimini
Drawing—Tom Nixon
Native Traditional Drawing & Design—Douglas Yates
Papermaking (Silk Fusion)—Laurel Carnahan
Painting (Oil)—Tony Crocetto
Painting (Watercolor)—Robert J. O'Brien
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My Wandering Path

By Bekah Wyckoff

Can we do life?
But do we live with hope
Or live free?
Everything is new
And sparkling with the unknown.
Our walk is being altered,
Our path is being moved
Way out in the open
Anything unknown
People are starting
And I'm getting scared.
The darkness creeps in
I retreat inside
Maybe this life is the lie?
Shadows and figures
It's all in my mind
Circles and circles
Tears and trials
Maybe my life is the lie...

Photo by Andy Mitchell

CC-BY Richard Fisher. https://flic.kr/p/dzwpPS

The Spring Geese

By Gary Haag

As the sun set on the horizon in its fluorescent beauty of coral colors, the spring geese fly overhead by the hundreds, returning from their winter homes thousands of miles away, headed for their summer homes to nest in Alaska. What a wonder to see these birds flying on point and with such direction, knowing where they are going.

These birds started to circle overhead. The leader takes them into a spiral pattern toward a newly cleared area of grass from the spring break up. The others follow in formation and as the flock neared the ground, they formed a giant funnel. For that one moment they were in complete rhythm with each other.

The first bird starts its approach, wings up, tail down, feet drop, and with precision, like veteran pilots, these geese land one after the other. They land, starting in the middle of the field, spreading outwards. Within minutes, there were over 500 Canadians honkers on the ground, eating the tender new grass shoots. The sun is down now, the geese move closer to each other and the sounds become quieter.

I don't speak goose, but I'm sure they do. If I did speak goose, I imagine it would go something like this: "We covered over 150 miles today, good job birds," said the leader. "Now let's get some rest: we have a long day ahead of us tomorrow." I could hear the others chatting back and forth about their day, "I thought for sure we were going to hit that plane earlier" said one of the geese. "It's good to be back in Alaska," said the other.

Life is good as the sun sets on God's creatures, as they rest under the cover of darkness. God's magnificent wonders are everywhere: all's I have to do is look.

Saving You, Saving Me

By Michael DiBattista

I stand alone in my struggle
Or so it seems to me;
I fight to save you from the dragon
But you don't want to be rescued.
You don't seem to notice
The harm of the dragon's flame
Or perhaps you revel in it,
You embrace the heat.
Maybe it is all in my head
Yesterday you were an alien
And today you are again mine,
The struggle for reality
Raged a titanic battle in my mind.
The waves of uncertainty
Threatened to wash me away,
Engulf me, drag me under.
Out of the storm and tumult
Your hand appears, extended,
Beckoning to me. You take my hand
And pull me from the tide.
The storm breaks, I see your smile
You remind me and show me
That the light never left. My eyes
Reopen and I bathe in the calm.

The warmth of the heart prevents the body from rusting ~
Japanese Proverb

Time, Never Before?

By William Scott

Never before, never before. The sun sets orange, the sky is yellow, yet I feel no pain.
The wind brushes my skin and yet I feel no sorrow.

Even knowing the earth is round I know not the shape of my world. The sea may be deep but yet I see its bottom. No more shall I wonder I feel her arms embrace me she whispers my name. "Time," why must you run on and on with no rest? Do you not tire?

Yet the sun shines once more, smiling at me as though I have told a joke. Never before, never before. Thirty days and thirty nights we dance listening to the universe. Yet I learn nothing new, for all things are a fresh. Why must I, why?
Must I wake now, can I not stop for but a day?
No not yet?
OK, but some day yes?

When you stop so dose everything, when you rest so does man. Never before, never before.

Finals Week

by Anonymous

I wore my pajamas to school today
I didn't care what anyone had to say
I stayed up studying till the crack of dawn
Now I can't go five minutes without suppressing a yawn.
"I can do it" I say to me
Today, I only have tests in Math, Spanish and Chemistry
All I need is another cup of coffee
One? Maybe two or three
CRAP! I forgot to write that paper for History!

If I type it up now, I should have it done on time
Having this many assignments should be a crime

It's a never-ending mountain that I'm too tired to climb
So instead of worrying, I'll just write this poem and finish with a rhyme

Don't worry fellow students. I'm sure you all did fine.

Photo CC-BY Alberto G.

Gullible

Ye who walks the path are assured a place at its end. Therefore, I say unto you place your feet upon the stones that lead to me. Watch ye step gullible do not tread down the path past the tree for you will miss me.

Fore once you reach the end ye can not say oh father I meant to walk the other path. Oh please let me, I beg thee, let me retake the journey. Once you start you may not stop, and once you are back you can not return. So I say unto you watch where you step ye gullible.

Once you reach the tree you will see me and will anoint thee. Ye will be mine once more. Time shall stop for thee and we will be, so watch thee step oh child of mine.

Glee, Grace, and Trust

By William Scott

The clouds may be thick.
The sky may be dark.
Ye may not see, but trust in me, and ye shall have much glee.

Yet, I say unto ye glee is not all there will be.
Ye will fall to thy knee, ye will cry my name.
ye will beg forgiveness.

Yet, I say unto ye praise my name, trust in me and ye shall enjoy my grace.

Photo CC BY SA David R. Tribble

Student Government Council organizes barbecue, elections by Monitor Staff

On April 23rd, Student Government Council hosted its annual student appreciation barbecue. As students enjoyed their hot dogs and other treats, they were also encouraged to vote in the 2014-2015 Student Government Council elections in which Everret Hamilton was elected President and Mike DiBattista was elected Vice President. If you want to organize and participate in fun events like this, make sure to attend a Student Government meeting this fall!

Local teens find a helping hand at MyHouse

By Anna Roehl

I have found the truth behind homeless teens. It is going to make you say "Boy, was I mistaken." My journey begins with a phone call to My House, a local non-profit that works with teens.

Michelle Overstreet, the director of My House, called me back. This is when my eyes were opened. Just at the mention of the common myth about homeless teens—that they are all junkies who can't follow rules—she gets defensive (and rightfully so). She explained how ignorant people's perception can be. I will do my best to break down the information she generously shared with me.

Michelle calls the reason for the homeless teens the "Deadly Trifecta." As Michelle explains it, the first part is that "the Mat-Su valley holds two times the deadly national average for none other than substance abuse." I did not feel Valley pride at that moment. This means that children are growing up in homes where parents are addicted to drugs. I think that alone would make me want to leave, too. I cannot even imagine how hard that must be. Yet these kids still manage to go on.

Michelle went on to tell me that the second part is that "domestic Abuse is the highest in the Valley during the months of November, December, and January" and the third part is that "it has been recorded that during those months there is a very high demand for mental health services."

Michelle stated that "Nine Star works with the teens to help them receive unemployment. Nine Star is another outreach program which is affiliated with My House. Nine Star helps teens find jobs. Nine teens so far are working for My House." It is amazing that instead of judging they just opened the door for them. Michelle also told me that "Nine Star also helps them either finish school or get their GED. They are also partnered with the school district so the teens can attend regular school."

This does not sound like a bunch of junkies that did not want to follow rules.

Anyone is welcome to come down and talk to them the My House staff. They have their own newspaper for the public. They also welcome people to come to their coffee stand. Their hours are 6 AM to 4 PM.

I truly hope that this touches your hearts the way it did mine. My eyes have been opened and touched. I greatly appreciate all that Michelle had to say. If you even get the chance you should go talk to her.

Professor Jack Cypher retires

By Monitor Staff

After teaching refrigeration and heating courses at Mat-Su College for over 16 years, Professor Jack Cypher is retiring at the end of this semester. Despite his reputation as reticent—which, along with his kindness, was highlighted at his recent retirement party—the Monitor found Professor Cypher to be remarkably eloquent. Judge for yourself in our interview with the good professor.

Monitor: What will you miss most after you retire?

Jack: My job! Of Course! For more than 16 years now, my career here as a professional teacher has defined who I am and what I do. It is something I have taken a great deal of personal pride in, and have derived a deep and enduring satisfaction in having the opportunity to be a "PEDAGOGUE."

Monitor: What differences do you see between the college from when you started and now?

Jack: There have been a number of additions and expansions to our campus that have occurred during my tenure here. However, as a member of our Instructional Council, some of the most interesting changes are in the range of unique and diverse programs we offer here.

Within the University of Alaska system, the Refrigeration and Heating program has long been one of the unique programs that our campus "owns." In recent years, however, we have also acquired several prestigious new programs that "belong" to MatSu College as well. Among these are the Paramedical Technology program, Sustainable Energy program, and a brand new Veterinary Technology program scheduled to start next year. These are ambitious undertakings that strengthen and build our stature in the university system.

Another change I have noted is the way our campus has matured over the years as a valued contributor to the University of Alaska system, and to the State of Alaska as a whole. During my time here, various members of our faculty and staff have achieved national recognition and acclaim for expertise within their disciplines and several have held important public office positions. These accomplishments add a certain measure of luster to our campus culture.

> "I would like to say thank you to the many wonderful people here at the college"

Of course, the most exciting thing is to see more-and-more of our graduates moving into promising positions of leadership in our community and within our state. That is the true standard of a successful college.

Monitor: Do you have a favorite memory or memories?

Jack: While I have many memories that I will cherish, I think the day I was originally hired will always be one of the most memorable for me.

I was working in the office of a local HVAC contractor one Thursday afternoon in October, 1997. At around 2:00PM I received a phone call from a gentleman who identified himself as Dan Mielke, professor of heating and refrigeration at Mat-Su College. Due to the unexpected absence of a faculty member, the college was looking for someone to fill in on a temporary basis. Dan said that an instructor who remembered me as a student had suggested that I might be persuaded to give it a try. After verifying my interest in the job, he asked me a few pertinent questions about my experience and academic qualifications. I told him that I had an AAS Degree in Refrigeration and Heating from Mat-Su College among other relevant certifications and certificates, and that I had 18 years of prior field and administrative experience in HVAC, but that I had never taught any formal classes. However, I shared with him that I had secretly entertained the thought of teaching if the opportunity ever arose. At the end of our rather brief conversation Dan asked if I would be available to start teaching that night. (GULP!) I was shocked at this sudden change of events, and asked somewhat lamely if it would be all right to start the following Monday. This would allow me time to gather my thoughts and set my affairs in order that weekend. He agreed, and so I started my teaching career as a visiting instructor the following Monday for the completion of the 1997 Fall Semester.

Monitor: What are your plans for retirement?

Jack: For me, teaching was always a very intense and narrowly focused experience. So, one of my immediate goals will be to adopt a more relaxed outlook and to broaden my range of interests and activities. As health and finances permit, I have a number of "homestead" type projects that I hope to pursue and I would like to take a few excursions to various parts of Alaska that I have often wished I could visit.

Monitor: Is there anything else you'd like to say?

Jack: YES! I would like say thank you to the many wonderful people here at the college who have had a part making my time here an enjoyable and successful sojourn. It has been my special good fortune to have had the chance to associate with such a fine, elite group of individuals.

Michelle's movie picks from the Library

By Michelle Sharpe

Over the past few months, the library at Mat-Su College has expanded, and there are some GREAT movies available for renting. As an avid movie viewer, I have been asked to review some of the movies and recommend a few to students. I have had the opportunity to review some of these movies, and here are six that I highly recommend.

1. **Star Trek Into Darkness (2013)** - This is the sequel to J.J. Abrams' 2009 Star Trek reboot of the beloved franchise, and in my opinion is superior to its predecessor. The story follows Captain Kirk (Chris Pine) and his crew (Zachary Quinto, Zoe Saldona and Simon Pegg) as they set out on a man hunt for the "One man weapon of mass destruction" terrorist known as John Harrison (Benedict Cumberbatch). However, the crew is quick to realize that all is not what it seems, and Kirk is forced to make some questionable decisions that may put his entire crew in jeopardy. This is a fast paced sci-fi action movie with few slow moments and wonderful special and practical effects. This is a Star Trek movie that Trekkies and nonfans alike could enjoy; Trekkies will appreciate the numerous references to TOS (The Original Series).This all being said, the story is not perfect, and there ARE some slight plot holes, but all in all, this movie is fun enough that in the end, it just didn't matter.

2. **What Maisie Knew (2012)** - This adaptation from the Henry James novel (of the same title) sports a cast that includes Julianne Moore, Steve Coogan, and Alexander Skarsgård. But the real star of this film is the child actress who plays the title character of Maisie, Onata Aprile. The story is told from Maisie's perspective as she witnesses her parents (Moore and Coogan) go through a nasty divorce and is caught in the middle as each parent ultimately uses her to somehow hurt the other. Ultimately though, both parents end up leaving her to their new significant others (Skarsgård and Joanna Vanderham) to look after her. This movie will frustrate and anger you, but ultimately, this movie will touch you. This movie is not for everyone, as it is slow paced and many may think that it is boring. If you like dramatic or independent movies with wonderful acting, check this movie out. Warning: You may spend most of this movie wanting to hug the little girl in order to let her know that she is loved. Have pillows to hug handy.

3. **Django Unchained** (2012) - Quentin Tarantino (Inglorious Basterds, Pulp Fiction, Kill Bill Vol. 1 and 2) directed this movie. If you hate his movies, it's probably safe to say that you will not enjoy this movie and should probably skip it. If you love him, or action or westerns or all of the above, what are you waiting for? Watch this! For people who do not pay attention to directors, this movie stars Jamie Foxx as the newly freed slave/bounty hunter Django ("The D is silent"). Together with his mentor, Dr. Schultz (Played by the delightful Christoph Waltz), he tries to find and save his wife (Kerry Washington) who had been sold to the villainous "Monsieur" Calvin Candy (Leonardo DiCaprio), at whatever cost.

4. **Life of Pi (2012)** - You want a movie that you can watch with your family? Definitely check this movie out. Based off of the novel by Yann Martel, this movie follows the journey of a boy called Pi, as he fights for survival after a ship accident. The accident leaves him as the only survivor.... Well, him and a few animals, including a tiger named Richard Parker. It's a very unique story, with OUTSTANDING special effects. This movie will leave you with questions at the end, so be prepared. The less you know about this movie, the better.

BONUS:

5. **Hitchhiker's Guide to the Galaxy (2006)** - Years ago, Douglas Adams wrote a ridiculous book, and then in 2006, it got turned into a ridiculous movie. I mean ridiculous in the best possible way. Douglas Adams wrote the screenplay for this movie, so it captured the feeling of his beloved science fiction, comedy adventure perfectly. The story follows Arthur Dent (Martin Freeman) as his entire world is destroyed (literally) in order to build an intergalactic bypass. Luckily for him, his best friend, Ford Prefect (Mos Def) manages to hitch a ride from outer space and craziness ensues. Right now, you might be thinking, "Why is this person spoiling this movie?" But that was all the first five minutes of the movie. If you're a fan of sci-fi or VERY British comedy, this is the movie for you.

These are just a few movies from the library. If you didn't like any of these titles, feel free to come in and take a look at the selection. If movies are not your thing and you prefer TV series, they also carry a great selection of shows, including HBO's Rome, BBC's Sherlock, BBC's Doctor Who, and Showtime's Dexter, to name a few. Have fun!

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Bullying

By Anna Roehl

Bullying—when I hear that word I think about kids bullying kids. I do not think about adults bullying kids. What would you do if your child came and told you a teacher was bullying or partaking in the bullying?

In the 2011 documentary 'Bully' the victims of bullying talked about teachers who either bullied directly or partook in bullying. I myself know two children who have been bullied by teachers. The schools have gotten really good at sweeping this kind of bullying under the rug. One outcome is that bullied children feel like no one cares and that everyone must hate them. Our trust that our children will be kept safe by teachers is being taken advantage of.

One of the two children I just mentioned has allowed me to tell the story. One teacher decided that this child was stupid. The parent went to a conference and made the comment that this child is very smart and the teacher stated "I doubt that." When the teacher tested the child he tested two grades above level. The bullying got worse. She was allowing kids to take pictures of him and to draw harassing designs around his head. The parents took it up with the school board and they promised something would be done. Yet nothing was done. The second time a teacher bullied him he was in sixth grade. A teacher agreed to tutor him and every time he would go in the teacher would walk out. Nothing says "I care" more than ignoring the child. NOT. When parents stepped in and tried to stop it they were told "that would not happen—we are one big happy family."

The second child I mentioned also agreed to allow me to tell her story. The child is special needs. She had high hopes. The teacher tore those dreams down and insinuated that the child would not amount to anything. It got so bad that the child had panic attacks any time she saw said teacher. The parents tried to intervene and child ended up having to be moved to another school.

Those children became suicidal. One is still working through the depression with intensive counselling. When is enough enough? Why does it have to take something serious to happen before something is done? In one of my psychology class's the point was brought up that the bully and the victim should be required to get help. I agree wholeheartedly. As it is now, the victim seems to just further get victimized. I do remember a time when the bully truly had to pay a price. Now I am not sure if zero tolerance means zero tolerance for the victim or bully. And what are the punishments when a teacher does the bullying? If nothing, I am sure that it sends a message that bullying is ok with us.

Thank you for reading my rant.

Sorrow Deep

By William Scott

Yea my sorrow runs deep and true, yet I lay my head upon a bed of lily to rest.

My armor sits by the brook rusting and unused. My heart bleeds freely upon the stones.

I cry unto you why?!

Why fill up my river with joy only to jam its current and drain its banks dry?

Yea my sorrows run deep and true, yet I rejoice in you. You have shown me love, forgiveness, mercy and pain. Why I cry unto you?!

Yea my sorrow runs deep and true, yet my trust remains with you father of my father giver of life and death, rest and breathe.....

Yet, Shallow is the grave that holds me!

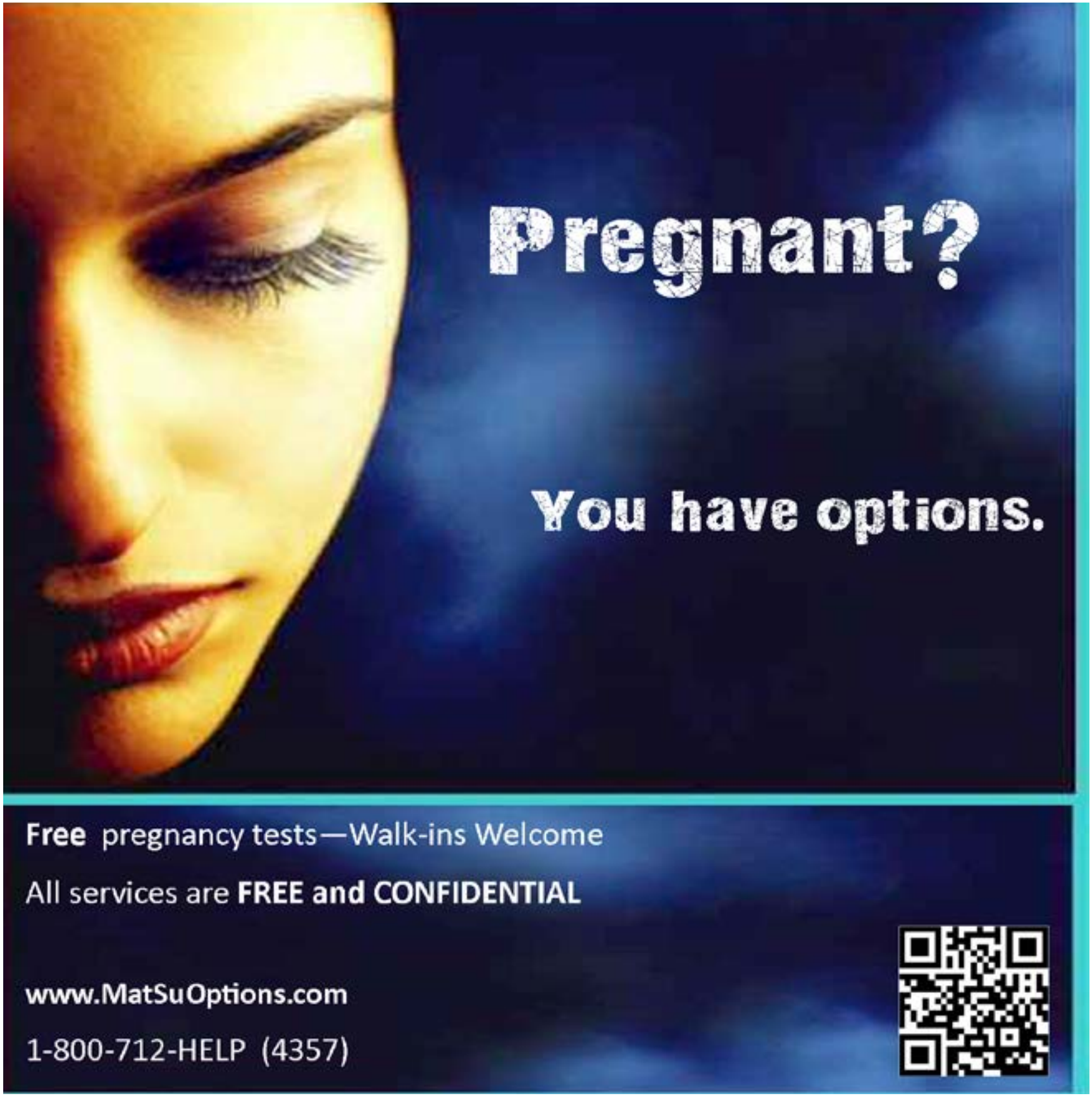
The soil is my mother's skin I shall not fear her embrace, I shall fear not the rest that is awarded to those that finish the path, but rejoice for I shall soon be with my father.

I shall not fear death for with it I will not parish, but welcome my mother's embrace. Pity not the dead for they are rejoined with their family; instead pity those alive for they walk in the wilderness.

Yet, Shallow is the grave that holds me!

For I am the son of my father, and shall have ever lasting life!

Blessed be his name that created me for through his power I am sustained for eternity!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Environment *Continued from Front Page*

Streambank revegetation takes a tremendous amount of work and is very time consuming. This is why it is important for these organizations to have volunteers.

One of the many steps in this process is the care and preparation of the plant being harvested. Professor Bass's class was able to participate in this step by cutting down branches from willow trees.

Willows were chosen for this project because they go dormant in the winter and are one of the few trees in Alaska that will take root from just a branch. In order to do this the class was taught how to identify the three main genera of trees in the vicinity, namely Birch, Willow, and Spruce. After learning which tree was which the class had to learn which specimens needed to be collected. Ideal branches needed to be between one-half and two inches in diameter and at least three feet in length. We were instructed to find branches no larger in girth than our thumbs and at least as long as our legs. The branches need to be green on the inside and pliable. Each student was given a harvest site and asked to collect 55 branches per bundle and as many bundles as they could from each site.

These bundles were tied with twine and place in the black of the Plant Materials Center's truck. Later that afternoon the harvested branches were moved to a large refrigerator to maintain their dormant state until late spring when another step of the process -- transplanting -- will take place. This step will take place next semester and the Environmental Science students will be right there to volunteer in this continuous process of conservation and stewardship. I encourage every student to take a more active part in the conservation of our environment. Learn about it, participate in it, and maintain it, or it will no longer be there.

Special thanks to Peggy Hunt of the Plant Materials Center and to Chuck Kaucic, Director of the W.S.W.C.D., who assisted with organization and logistics.

Business owners!

The Mat-Su Monitor is a great place to advertise your business or event. The Monitor has a wide circulation, with thousands of copies inserted in the Frontiersman and distributed thoughrout the Valley. We also have low rates:

Ad Size	Cost, B/W	Cost, Color
1/8th page	$75	$125
1/4th page	$100	$175
1/2 page	$180	$300
Full page	$300	$375
Full page, back	Always color	$375

Moreover, the Monitor runs relatively few ads, which ensures that your ad will stand out. Finally, advertising in the Monitor demonstrates your support for local students. For more on advertising, call 745-9758.

Get involved with YOUR paper!

The Mat-Su Monitor is open to students of all experience levels. A paper like ours always needs writers, artists, graphic designers, advertisement coordinators, photographers, and more (maybe you can contribute something we haven't even thought of)!

Meetings: Mondays and Thursdays, 12:00 to 12:50, in OLB 214 (upstairs in library). Starting September 8, 2014

Recycling *Continued from Front Page*

TRI-METAL INTERNATIONAL (907-357-9990), who will pay 10 to 35 cents a pound for aluminum. On average, it takes about 32 crushed 12 ounce soda cans to equal one pound. Start saving those cans!

It is important to think about more than financial gain, however. Consider this: in a lifetime, the average American will throw away 600 times his/her adult weight in garbage. If you add it up, this means that a 150lb. adult will leave a legacy of 90,000 pounds of trash. Keeping with this math, the current population of Alaska will leave behind 65 billion pounds of trash.

Not surprisingly, our survey demonstrated a correlation between those who plan to live in Alaska for life, and who have state pride, with a belief recycling is important or very important.

If these numbers are at all reflective of a trend in college students, the amount of Alaskans who recycle will increase over the years. However, college students aren't the only ones who live in the Valley, so there is still have a ways to go beyond throwing old homework in paper recycling bins. Fortunately, Mat-Su College has a full-fledged sustainable energy program.

What 42 people said about recycling in the 49th state could say a lot about where we are headed or it could just be speculation over an isolated study. You decide.

To find out more about what, how, and where to recycle in the Valley, try Valley Community for Recycling Solution's webpage at http://valleyrecycling.org/what-how-to-recycle/

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